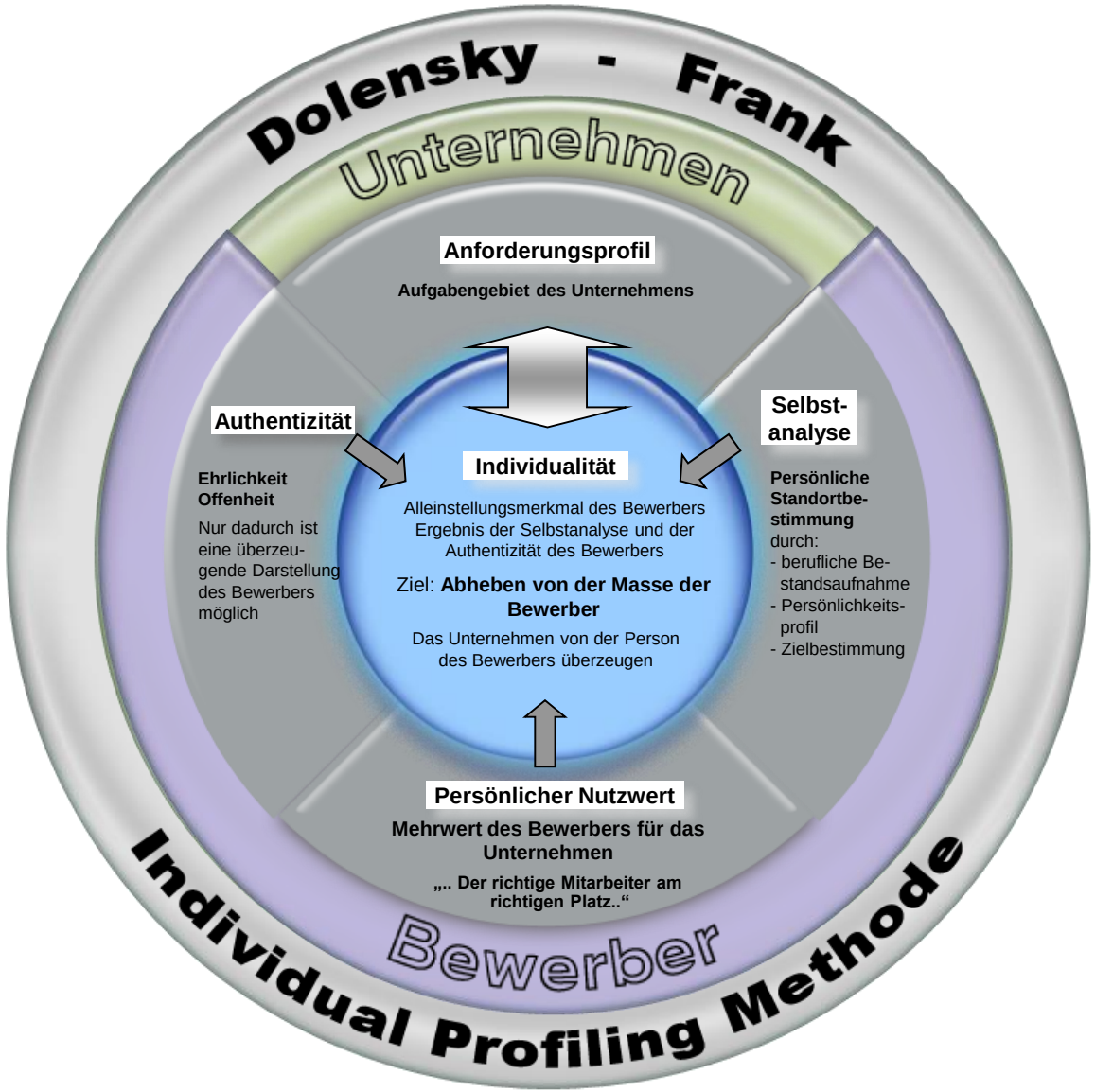Individual Profiling Methode